

Welcome to Uppsala

Uppsala is one of Sweden's oldest cities. It is also one of Sweden's four major cities. The capital of Sweden, Stockholm, is 30 minutes away by train.

Permit, visa and accommodation

Ukrainian passport holders can enter and stay in Sweden for 90 days without a permit or visa. If you have an urgent need for food and accommodation you can get help immediately upon application at The Swedish Migration Agency. The Swedish Migration Agency is responsible for all accommodation related questions. Visit www.migrationsverket.se/english to learn more and find a list over which local offices to visit with Ukraine related questions.



Healthcare

Call 1177 or +46 771-11 77 00 if you or someone else gets ill and you need to talk to a nurse for advice. The nurse can also give you information about where to go for help. Contact a vårdcentral (health center) if you or someone else gets ill or injured. You need to call the health center first. A visit costs SEK 50.

If you become very ill or seriously injured and need immediate treatment, you can visit an emergency room at a hospital. The care staff decides if you need immediate care. Visits to the emergency department cost SEK 500.

If you need emergency dental care, you can visit Folktandvården. The dentist decides if you need care that cannot wait. The visit costs SEK 50.

Asylum-seeking children and young people under the age of 18 do not have to pay for medical care and dental care.

You are offered vaccination against covid-19 without costs. You can book an appointment by calling +46 18-617 35 00.

Further information: www.1177.se/english.

Apply for school or preschool for your children?

First you need to register at the Swedish Migration Agency. Visit www.migrationsverket.se/english to learn more. Then you need to register with the admissions office for new arrivals when applying for school and preschool in Uppsala. (Turn paper for contact information.)

Open hours: Monday and Wednesday 9.00–11.30, Thursday 13.00–16.00,
Visiting address: City Hall (Stadshuset) on Stadshusgatan 2
Phone: +46 771-727 001, nr 6 in the menu, Monday and Wednesday 9.30–11.30.
Email: skola.nyanlanda@uppsala.se

Open preschool for children under six years old

Open preschool is a place for adults with children between 0–6 years old where trained educators work. Open preschool is free of charge and you don't need to register, you can come and go as you want. At www.uppsala.se/oppenforskola (information in Swedish) you find the locations and opening hours.

Work related questions

If you are 16 years or older you have the right to work. Contact The Swedish Public Employment Service if you have questions about applying for a job. Learn more at www.arbetsformedlingen.se/other-languages

Travel in Uppsala

Ukrainian passports and ID cards are valid as tickets in UL traffic. Show your Ukrainian passport or identity card to the bus driver or train personnel. The busses are green and yellow. Look for the UL logo on busses and trains. Find the bus and train lines at www.ul.se/en



What to do in Uppsala

Find city guides, sights and experiences in Uppsala at www.destinationuppsala.se/en.
Learn more about the life in Uppsala at internationalhub.uppsala.se

Kvinnofridslinjen – Sweden's National Women's Helpline

You can call +46 20-50 50 50 for support and advice if you have been subjected to physical, psychological and sexual violence and threats. Relatives and friends can also call. The line is open around the clock and your call is free of charge. Your call will not show in the telephone bill.

Do you have pets?

If an animal from Ukraine is in Sweden without having been checked by customs personnel at the border, the animal must be taken to a veterinarian as soon as possible. You can contact any veterinarian.

How Sweden works

www.informationsverige.se – a guide to the Swedish society.
www.krisinformation.se – crisis related questions including the war in Ukraine.

Find all information above and more at www.uppsala.se/ukraine-english