

Application for family mediation

We want to attend family mediation at the Family Law Unit in Uppsala.

Family mediation means that you as parents, together with one or two mediators, try to find a joint solution regarding visitation, custody and accommodation. Both parents must be willing to take part in the family mediation process. Family mediation begins with individual meetings with a mediator. Both parents are given a possibility to formulate questions for future sessions and describe the current situation.

Observe! The application must be signed by both parents.

The application can be submitted at the reception desk at Stadshusgatan 2 or sent by mail to Familjerättsenheten, Socialförvaltningen, 753 75 Uppsala.

	Parent 1	Parent 2
Name		
Social security number		
Address		
Postadress		
E-mail		
Telephone		
Do you need an interpreter?	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, in what language:	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, in what language:

Children

Name	Year of birth

Signature

Date	Signature parent 1
Date	Signature parent 2

- We have previously been to family mediation with:
and would like, if possible, to meet the same mediators again.

Information regarding family mediation

Family mediation is separated parents opportunity to find joint solutions in regard to visitation, custody and accommodation. Separated parents still have a joint responsibility towards their children and mediation can help parents improve and develop their parental cooperation. The focus of the mediation process is the child's/children's best interest.

According to family law legislation parental disputes regarding children firstly should be settled outside the court system. Therefore, the Family Law Unit offers family mediation and recommends it as a first action before going to court. The focus of family mediation is the child and your parenting practices. The child's best interests should be the center of the conversations.

Family mediation is initiated with individual meetings and is followed by joint sessions. The mediation formate varies from one single session to shorter series of sessions to sessions dispersed over a longer period of time. It is you as parents that decide which issues you want to raise during the mediation process. Sometimes, if the parents agree, children can participate in a specific session.

The purpose is for you as parents to come to a mutual agreement regarding the issues addressed during mediation. The mediators cannot make decisions in your place. Family mediation is always a parental initiative and completely voluntary. No journals or records are kept. Family mediation is free of charge.

Written Agreements and Contracts

Some parents wish to get their verbal agreements in writing. This kind of written agreements are not legally binding but work as a reminder for parents. However, these agreements can be regarded as morally binding.

If parents want the agreement to be legally enforceable, equal to a court ruling, it is possible to draw legally binding contracts regarding custody, accommodation and visitation. Contracts must be signed voluntarily by both parents and approved by the Social Welfare Committee. Before they can be signed the mediator needs to investigate whether the parental agreement is in the child's best interest. Contracts may be limited in time or valid until further notice.