

Walpurgis Night 2020 in Uppsala

Although the traditional Walpurgis Night celebrations have been cancelled this year, young people will gather and the Walpurgis weekend is often the first time that young people come into contact with alcohol and other drugs. Spring is on the way, and with it comes the end of school celebrations, which is another occasion for many young people to party.

It is important that we talk about this subject with our children and make them aware of the risks that they could expose themselves and others to. As a guardian, you may have concerns and feel that it is difficult to keep an eye on your child, but know that there is support available.

A few tips ahead of Walpurgis Night and the end of school celebrations:

Discuss the celebrations by showing interest and being attentive to what your child is saying.

At the same time, set clear boundaries and do not purchase alcohol for your child.

Stay in contact with your child during the day/night.

Talk to other parents and set common rules.

For more tips and support; see <https://www.iq.se/tonarsparloren/>

If you are **concerned that your child is abusing alcohol or narcotics**, contact Ungdomscentrum by telephone at 018-727 15 50 or by e-mail at ungdomscentrum@ uppsala.se

Kind regards

Uppsala Ungdomsjour

a collaboration between schools, social services, police and after-school centres

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